

**STRENGTHENING
FAMILY RELATIONSHIPS,
BUILDING
VIBRANT COMMUNITIES**

ANNUAL REPORT 2016

OUR STORY

Morning Star Community Services is a registered charity and Institution of Public Character (IPC) which aims to enrich and strengthen family relationships in Singapore. By empowering individuals and families, the organisation strives to build vibrant communities that can make a difference to society.

Founded in 1999 with our first centre in Lorong Low Koon, we have since grown to six centres. Services offered by Morning Star Community Services include student care services and CareNights, a newly launched initiative which helps families who need additional support for the care of their children in the evenings.

In a world where challenges to harmonious family relationships are increasing in intensity, Morning Star Community Services also provides upstream, preventive and early intervention programmes, family life education workshops and counselling services.

OUR VISION

Through empowering families and individuals, we strive to build vibrant communities that can make a difference to society.

OUR MISSION

To enrich and strengthen family relationships in Singapore.



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PRESIDENT'S MESSAGE

2016 marks another milestone in the life and mission of Morning Star Community Services. I hope to provide in this short message a quick snapshot of our work in the last year.

From its roots as a single student care centre at Lorong Low Koon in 1999, Morning Star has branched out to operate 6 such centres which remain vital access points through which we identify and reach out to distressed families. In 2016, our counsellors continued to devote an increasing number of counselling hours working with children under our

care and their parents; this was also the year where we first introduced play therapy to connect more deeply with our children. The increasing demand for counselling support is reflective of the mounting pressures children and parents face in our highly connected and highly competitive society. Nevertheless, the growing case load and the positive feedback from our clients spur us to strive harder to reach out to even more children and their families. To this end, we are looking to operate even more student care centres in the coming years.

BOARD OF DIRECTORS

Mr Kelvin Poon, *President*
Mr Gerald Tan, *Vice-President*
Mr Alan Ow, *Treasurer*
Mr Michael Koh, *Secretary*
Fr. Henry Siew, *Spiritual Director*

Mr Jeremy Tay
Ms Christina Lim
Mr Joseph Yeo
Sr. Christine Santhou

ORGANISATION INFORMATION



UEN No. T02SS0153L
Charity Registration No. 01636
IPC No. & Status IPC 000103,
1 August 2014 to 31 January 2017

Auditor
Kreston David Yeung PAC
128A Tanjong Pagar Road
Singapore 088535

Registered Address
Morning Star Community Services
4 Lorong Low Koon
Singapore 536450

Contact 62851377
Email msscsmorningstar.org.sg
Website www.morningstar.org.sg
Facebook www.facebook.com/morningstarsg



AFTER-SCHOOL CARE SERVICES

Morning Star Community Services provide conveniently located after-school care services for working parents to drop off their primary school children during off-school hours between 7.30 am and 6.30 pm on weekdays. The opening and closing hours are different for each centre.

There are a total of 4 community based and 2 school based centres, thus enabling our after school care services to have a total capacity of 450 children.

COMMUNITY BASED CENTRES

Hougang Centre
4 Lorong Low Koon
Singapore 536450

Bedok North Centre
508 Bedok North Avenue 3
Singapore 460508

Primavera Centre
95 Bedok North Ave 4 #01-1415
Singapore 460095

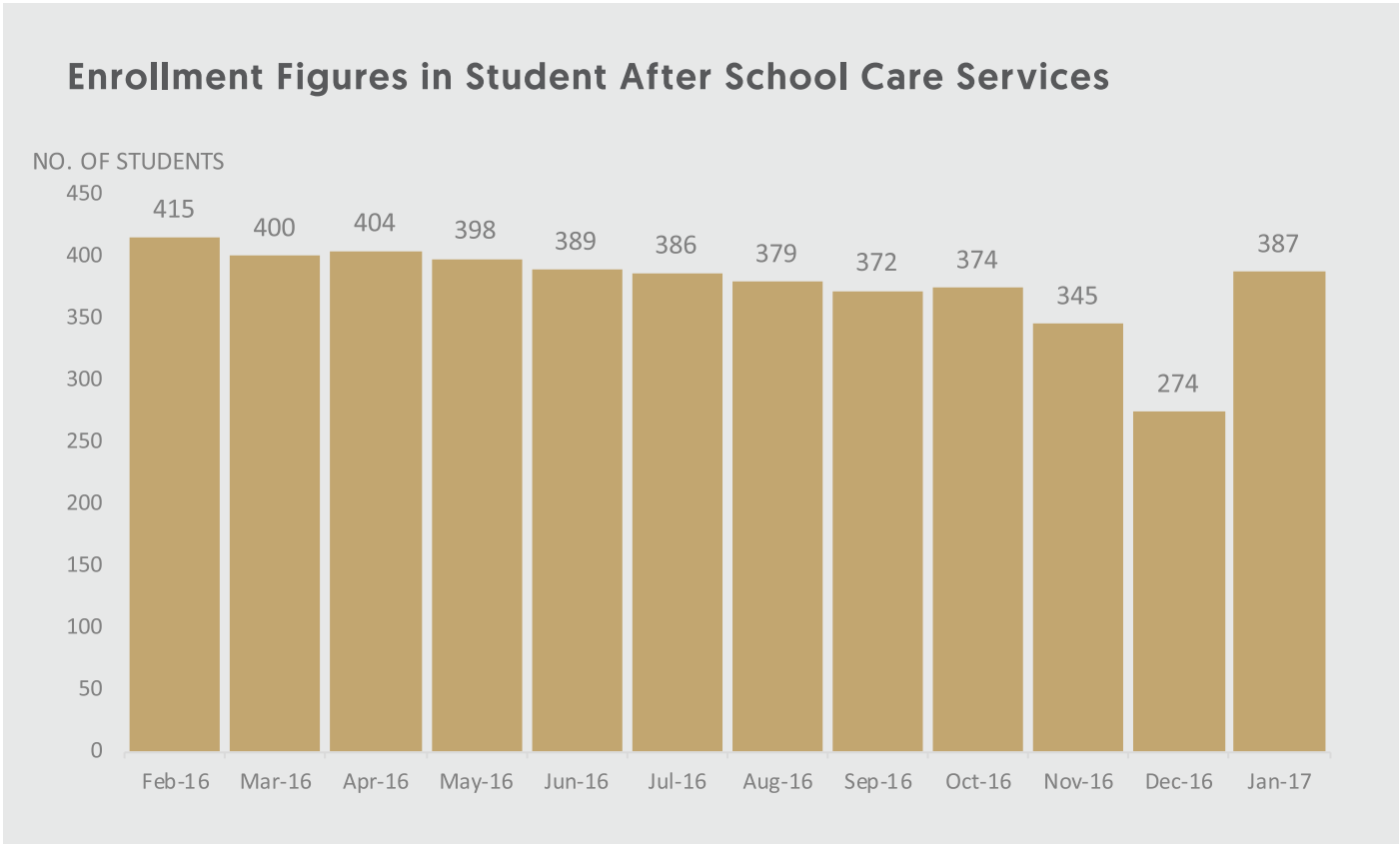
Sengkang Centre
261B Sengkang East Way #01-400
Singapore 542261

SCHOOL BASED CENTRES

***St. Gabriel's Centre**
220 Lorong Chuan
Singapore 556742

***St. Joseph's Centre**
3 Essex Road
Singapore 309331

*Enrolment only for the students of the school



Our after-school care facilitators create interesting curriculum-based learning stations and theme-based activities to facilitate children's learning through creative and interactive ways.

Morning Star Community Services place great emphasis in adding value to our children's classroom learning experience and extra curriculum development. With support from our partners and sponsors, our children benefited from the array of activities and enrichment classes in the year. Through our values-centric programme, preventive-teaching approach and through experiential learning, we encourage children to discover their own strengths and abilities.

Morning Star Community Services is a proud recipient of the WeCare Arts Fund, which is a collaboration between the National Arts Council and the People's Association.

The fund is administered by the five Community Development Councils in Singapore and is a great platform for our children to be engaged in the performing, visual, literacy and multi-disciplinary art forms. Enrichment programmes rolled out for the year under the WeCare Arts Fund included dance, choral singing, yoga art and clay art.

ENRICHMENT PROGRAMMES

- Dance
- Choral Singing
- Yoga Art
- Speech & Drama
- Clay Art
- Financial Literacy



Yoga Art Workshop



Clay handicrafts by the children



Children working on their clay art pieces

FIELD TRIPS

- MILO factory (Nestlé Singapore)
- Sentosa (Sentosa Development Corporation)
- Electricity Efficiency Centre (SP Services Ltd)
- Splash @ Kidz Amaze (Punggol Safran)
- Singapore Discovery Centre (Auditor-General's Office)
- Art Science Museum
- Children's Garden @ Gardens by the Bay
- Serangoon Junior College Carnival
- Musicals: Father Christmas + Charlottes' Web



Children's Garden @ Gardens by the Bay

Sentosa Gives 2016

Sentosa Development Corporation,
65 beneficiaries

In collaboration with Sentosa on its annual community giving event, our children were invited to explore the various attractions and enjoyed themselves on the island.



Sentosa Gives 2016



Sentosa Gives 2016



Sentosa Gives 2016



Electrical Efficiency Centre

Serangoon JC Carnival
Having fun at the stations



Serangoon JC Carnival
Briefing before the games



Splash @ Kidz Amaze Punggol Safra
Having a wet day out.



Serangoon JC Carnival

Serangoon Junior College, 39 beneficiaries

SRJC students hosted our upper primary children to a tour around the campus and treated them to food and games in order to motivate the children in pursuing higher education.

AGO Charity Event

Auditor - General's Office, 82 beneficiaries

As part of its corporate social responsibility, AGO sponsored an educational trip to Singapore Discovery Centre for our children. About 30 volunteers from AGO participated in the outing.

“I was intrigued with the Clay Art Programme and instantly wanted Xing Yun to participate in it. I am grateful for the opportunity as we would not be able to afford a similar programme in the open market. I am heartened to know that Xing Yun was able to express her creativity and confidence in this programme. I am also very impressed with her final art pieces.”

ELITA

Mother of Xing Yun

“I am very grateful that Chyloe had a chance to participate in different enrichment programs during her stay at Morning Star. Chyloe attended a few enrichment programs (Dance, Clay Art & Puppet making programmes). She enjoyed all the programs. With the help of these enrichment programs, it uplifted Chyloe's self-esteem, ability to produce wonderful artwork, (Clay Art) and confidence level.”

PEI SAN

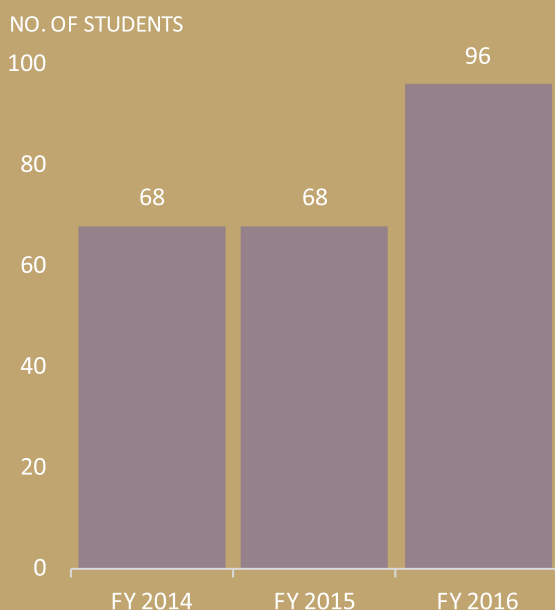
Mother of Chyloe

NOVA LEARNING INTERVENTION PROGRAMME

The NOVA Learning Intervention Programme was launched in 2006 for mainstream children who encounter various difficulties in school such as social, emotional and relational difficulties. Through daily individualised interventions, the children are helped to cope better. The main objectives of the programme are to help children develop and strengthen their learning abilities in each of the four domains, namely, social, emotional, behavioural and academic.

There are a total of 1 community based and 3 school based NOVA Labs, thus enabling our NOVA Learning Intervention Programme to have a total capacity of 80 children.

Enrollment Figures in NOVA Learning Intervention Programme



Morning Star Community Services SJIJ NOVA Lab started operations in June 2016 and we managed to reach an enrolment of 15 children in just a few months.

NOVA Learning Intervention Programme aims to enhance our children's capacity to integrate skills, behaviour and attitude in order to manage their challenges and difficulties effectively. This is done by incorporating Social Emotional Learning to the programme curriculum.

Thus, we adopted the CASEL framework which focuses on developing 5 core competencies (Self-Awareness, Self-Management, Social Awareness, Relationship skills and Responsible Decision Making). A Theory of Change was also developed to narrate the NOVA Learning Intervention Programme structure, objectives and outcomes.

COMMUNITY BASED-LABS

Hougang Centre

4 Lorong Low Koon
Singapore 536450

SCHOOL BASED-LABS

Enrolment only for the students of the school

St Anthony's Canossian Primary School

1602 Bedok North Ave 4
Singapore 469701

Canossa Convent Primary School

1 Sallim Road
Singapore 387621

St Joseph's Institution Junior

3 Essex Road
Singapore 309331





CELEBRATING OUR CHILDREN'S ACHIEVEMENTS

“Jane* has shown great improvement in her emotional self-regulation. She has transformed into an individual who is able to stand her ground even when facing peer pressure. Her resilience is apparent in dealing with stressors [i.e. school work, expectations and friendship problems]. Jane* is now also able to dismiss negative comments and not let them get to her.”

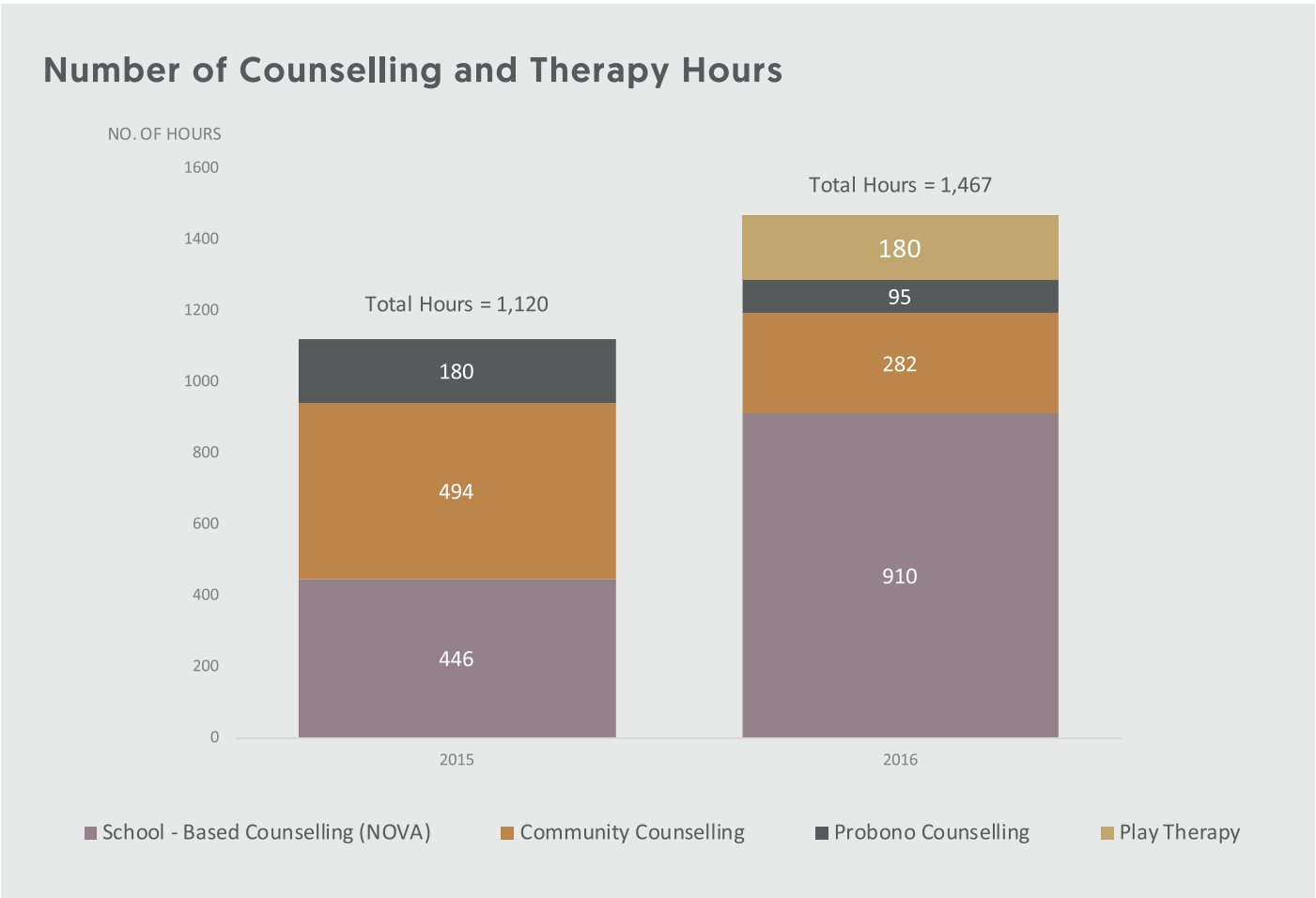
“Angela* has shown good improvement in her disposition towards school and NOVA. She looks forward to going to school and NOVA as opposed to the past. She has been able to express her thoughts better and has displayed increased confidence in doing so. Angela* also displayed tenacity towards learning even though she is struggling with basic comprehension of what is expected of her.”



COUNSELLING & THERAPY

Morning Star Community Services has a team of professional counsellors who support the emotional and mental wellbeing of our clients, their family members and also the general public when necessary.

People seek counselling therapy for someone to help them navigate through a difficult time to gain clarity and concrete options on dealing with situations.



Overall, there was a 31% increase in therapy hours totalling 1467 hours. School-based counselling cases enrolled in our NOVA labs more than doubled to 910 hours. We continue to journey with children, parents, and families in individual and family sessions.

As educational and professional demands on parents and children became increasingly stressful, we focused on improving family and parent-child relationships and attunement, giving each member of the family a voice and fostering positive coping and relationships.



Play Therapy

Morning Star Community Services introduced Play Therapy and focused on this new dedicated service which amounted to 180 hours.

Play Therapy allows a child or teen to express and communicate what an adult would in words. Through the use of art, miniatures, sand trays, puppets, musical instruments and role play, children learn to express their

thoughts and feelings in constructive ways, to control their behaviours, to make decisions and to accept responsibility. Morning Star Community Services also has plans to introduce Parent-Child Play Therapy in the near future.

OUR CLIENTS' EXPERIENCE OF THERAPY

"We were recommended for couple's therapy while at the brink of separation.

Husband: She helped to surface and process the emotional and sexual abuse of my childhood. The rapport and safe space she created allowed me to experience deep moments in counselling using creative therapy, etc. I have learnt to be more "real", aware of patterns in my life, less anxious and depressed. I am able to deal with extenuating circumstances more positively.

Wife : I didn't realise I had any form of depression. I was diagnosed with Dysthymia. Our therapist was good at drawing out often difficult and painful issues but she always made sure I was supported and resolved each issue before we ended the session. I became much more aware of myself and how I tend to resort to avoidance as a coping strategy to stay in my bubble, disconnected from myself, my husband and the world. I am glad we persevered through the painful parts of the process when I often felt like running out of the room. I am no longer on antidepressants and counselling, though I know the doors are always open. I have learnt to love myself first, feel better about myself and I am no longer fearful about sharing thoughts with my husband. I think we have both come a long long way.

One year on, we both feel much better. Where the only options for us were avoidance and meltdown, we can now look forward to each other's company and building a home together. We owe our therapist a debt of gratitude for setting us on the healing process."

A Couple in Therapy

"Children learn more from what you are than what you teach"

- W.E.B. DuBois

TRAINING & WORKSHOPS

Morning Star Community Services offers evidence-based parenting workshops which aim to empower families, by offering them practical skills and knowledge to strengthen family relationships.

In 2016, Morning Star Community Services managed to reach out to more workshop participants, thus improving our outreach and realising our work to enrich and strengthen family relationships. There was a significant 66.3% increase in the total number of training hours clocked and a corresponding 32.6% increase in the total number of workshop participants for the year.

COMMUNITY OUTREACH

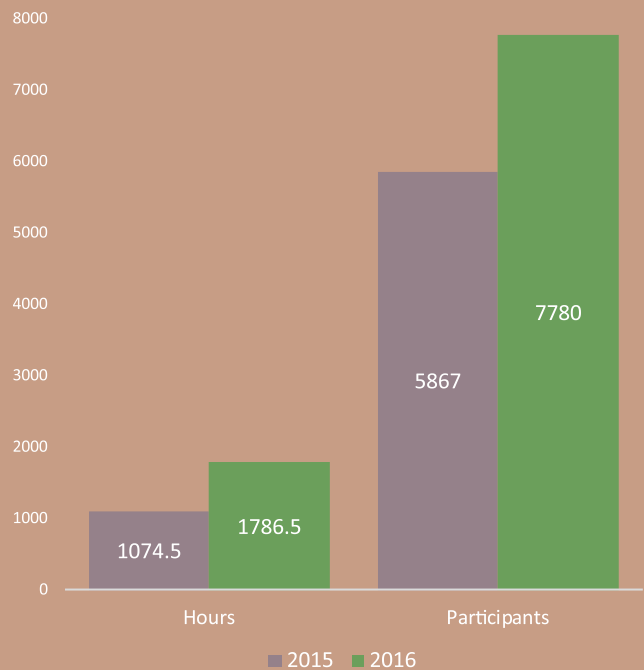
Through our various outreach programmes to organisations and schools, we had an encouraging 61.2% increase in the number of partners in our Family Life Education (FLE) journey.

Due to the increase in demand from schools and corporate bodies for workshops customised to their organisational needs, we built a framework for over 50 programmes which range from supporting children in regulating their behaviours and emotions, to addressing professionals' work-life harmony and couples' marital concerns.

We have also developed volunteer training programmes to equip volunteers who work with children and teens. Our volunteer programmes were conducted in Central Singapore Community Development Council (CDC) as well as in CrimsonLogic Pte Ltd, in partnership with Southwest CDC.

Total Training Hours & Participants

No. of Hours / Participants



“ I didn't know it is so easy to encourage my child. By just giving an effective praise, which takes only a few seconds, to my daughter, she is now showing me her completed homework when I return home from work. It's amazing! ”

CH LEE

COMMON SENSE PARENTING® [CSP] PARTICIPANT



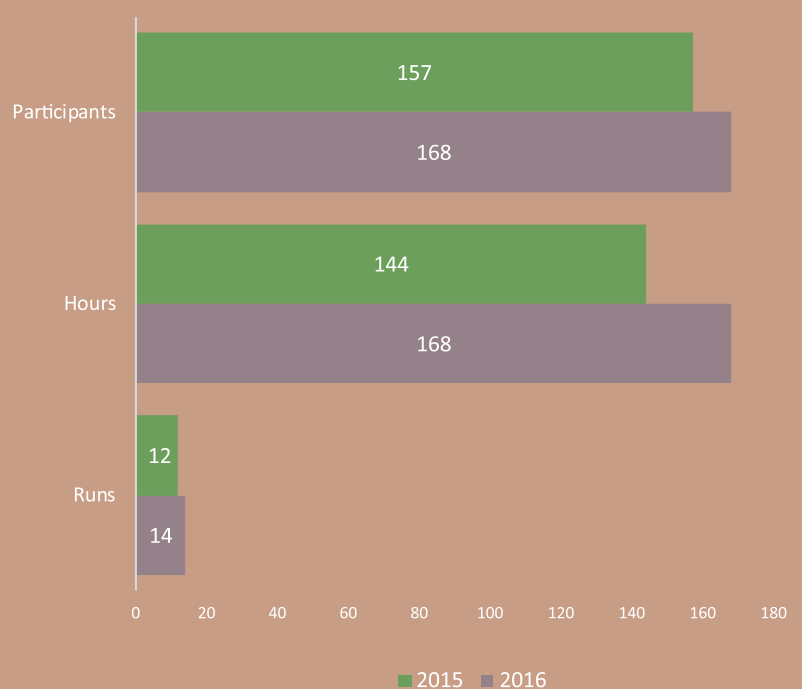
COMMON SENSE PARENTING® [CSP] PROGRAMME

MSF approved workshop title

Morning Star Community Services brought Common Sense Parenting® [CSP] to catholic parishes, schools, children's homes and other voluntary welfare organisations in 2016. We saw a 16.7% increase in the number of training hours conducted for CSP and a 7% increase in the number of participants.

Moving forward, we are reviewing our CSP programme resources in order to cater to potential Malay and Mandarin speaking participants. We have recruited Malay and Mandarin speaking trainers who will helm the CSP workshops in both Malay and Mandarin. This move will enable Morning Star to connect with non-English speaking participants in the future.

Total CSP Participants/Hours/Runs



“My P4 boy suddenly held my hand when we were walking along the path. I was so touched! I cried! He didn't want me to hold his hand before. I think it is because I have started to pay him more attention. I can manage my own temper better now and I listen to him more. That could have brought him back to me. I am so grateful.”

A TAN
TRIPLE P PARTICIPANT



TRIPLE P (POSITIVE PARENTING PROGRAMME)

Great progress was made in 2016 regarding the running of Triple P in schools. Partnering MSF in delivering Triple P, we were able to reach out to more schools and our team conducted more workshops, represented by an 82.6% increase in training hours for Level 2 and 70.9% increase for Level 3. More participants were also engaged, portrayed by an increase of 38.9% for Level 2 and 93.3% for Level 3.

Total Triple P Participants/Hours



PROGRAMMES & SERVICES

Temasek Foundation Cares - CareNights @ Morning Star

CareNights @ Morning Star started in July 2016 to provide temporary support to parents who are on skill upgrading programmes, working night shifts or needing respite from caregiving in order to attend to family crises.

The signature programme was officially launched in Primavera Centre by Mr Tan Chuan Jin, Minister for Social and Family Development, on 25 November 2016 and the children from CareNights put up a dance performance in front of the invited guests.

The programme is free for parents for up to 6 months and is supported by Temasek Foundation Cares, which has committed \$683,000. The programme is expected to benefit 540 children and their families. CareNights is available at our Primavera Centre and it will be rolled out to three other community-based centres within the next two years.

CareNights operates from 6 pm to 10 pm every weeknight. Children are engaged in structured activities to support their learning of values and skills, such as Art for Therapy, reading, homework coaching, and performing arts. Through the specially curated activities, these children learn to identify and communicate their feelings safely, begin to recognise their own as well as their peers' strengths and limitations and be accepting of one another.

Children from CareNights also get to engage in music, dance or movie appreciation, experiment in fun and simple cooking, enjoy board games and celebrate major festivities.

Eligibility Criteria

To be eligible for CareNights, families must be able to meet the following criteria:

- Children are of school-going age: 7 to 14 years
- Gross family income is \$4,000 and below (or per capita of \$1,000 or less)

In addition, they must meet one of the following conditions:

- The child has no able-bodied adult to look after him/her at night
- Caregivers are attending night courses or studying at night to improve their chances of getting better paying jobs
- Caregivers are on shift work or need to render regular overtime or take on a second employment to make ends meet
- Caregivers are attending to a family crisis such as sudden illnesses and divorce
- The child is cared for by a single parent



Profile of families (as of 31 January 2017)

MARITAL STATUS	Divorced / Separated/ Widowed	Married	In Transition	TOTAL
No. of Families	11	3	2	16 (21 children)

REASONS FOR APPLYING TO CARENIGHTS	Shiftwork / Returning to Work	Undergoing Skills Upgrading	Requires Respite from Caregiving
No. of Families	4	3	9

PER CAPITA INCOME	Up to \$500	Up to \$1,000
No. of Families	15	1

Better life balance, closer bond

Ms Inna* completed a WSQ security officer course in June last year and started full-time work a month later. Due to her long hours at work, she registered her nine-year old son, Ivan, in CareNights.

Ivan displayed fine leadership skills and creativity. He was one of the regular attendees and was popular among his peers. However, he had a short temper and would get easily provoked. It was later found that he longed for his mother's attention, affection and affirmation.

Through coaching from the staff and attending the parenting workshops organised for families from CareNights, Ms Inna* became more sensitive to the needs of her son. She managed to rearrange her work schedule to spend more time with Ivan and he became a much happier child. Well done Miss Inna and Ivan!

" My experience with the children from CareNights has been wonderful. They are lively, joyful, and welcoming while their carefree nature, boundless energy, and hearty laughter can be refreshing after a long day at work.

Through being with the children at CareNights, I grew increasingly patient and gentle with people I meet, being mindful that everyone grew up in a different environment which had moulded them into who they are. I have definitely learnt from the simplicity of the children, how they find joy in the littlest things and their enthusiasm for life.

PIUS
VOLUNTEERING SINCE JANUARY 2017



KEY ACTIVITIES AND PROGRAMME HIGHLIGHTS

More than Words, True Colours, True Hearts

A collaboration with Tan Chin Tuan Foundation since 2013

On 8 September 2016, 45 children from Morning Star Community Services performed in front of an 850-strong audience at Anglo-Chinese School (Independent). Themed “True Colours, True Hearts”, the children acted their own rendition of the stories from the popular books “Harold and the Purple Crayon” and “The Day the Crayons Quit”. They were part of the 200 performance team from 25 charities and beneficiaries supported by Tan Chin Tuan Foundation (TCTF).

Leading up to the showcase, the 45 children from Morning Star Community Services went through 9 sessions of 75-minute training workshops which were conducted by the ACTS of Life theatre group. Over the 3 month duration of workshops, the children participated actively in dramatic play and creative learning.



Standard Chartered Marathon

As a non-profit organisation, Morning Star raises funds from various sponsorships and programmes to cover our operational expenses. The Standard Chartered Marathon is one annual fundraising event which seeks to raise monies in order to cover the operational expenses of our key programmes for the year.

On 4 December 2016, 41 participants took part in the Standard Chartered Marathon to raise funds for our newly launched CareNights @ Morning Star programme. Flagged off from Esplanade Drive, the route presented a chance for participants from Morning Star Community Services to visit and spot several landmarks in Singapore, such as the Singapore Flyer, Marina Bay Sands and the Padang.

It was a truly good opportunity for both staff and volunteers from Morning Star to bond over the entire duration of the run. An appreciation lunch was also held for all participants after the event.





Children's Christmas Party in SJJ

The children from Morning Star Community Services celebrated an early Christmas on 9 December 2016 in St. Joseph's Institution Junior, with their own centre facilitators and volunteers from both Caritas Singapore and UniSIM. Children from the student care services, NOVA Learning Intervention and CareNights @ Morning Star programmes were invited for this annual tradition.

Games such as bowling, musical chairs and hoop tossing were organised and facilitated by the volunteers. The children enjoyed themselves as the venue was engulfed in waves of excited laughter and flurry of energised movements.

There was even a dance competition held in the main hall of SJJ where the children cheered their friends on while they battled it out. As the event drew to an end, bright and cheery faces illuminated the foyer where the children had to gather and head back to their respective centres. It had definitely been a short but fun day for them.

Christmas and New Year's Luncheon in Hougang Centre

Morning Star Community Services celebrated Christmas and the arrival of 2017 with our annual luncheon on 30 December 2016. The invited guests had a great time interacting with each other during the mini games and enjoyed their buffet lunch which included a whole turkey.

The luncheon commenced with a speech from Morning Star Community Services' president, Mr. Kelvin Poon, who gave out awards to members of the board. Long service award recipients were also not forgotten as they received their well-deserved recognition.

After the presentation of awards, the guests proceeded with the 'Minute to Win it' group games which included 'Human Christmas Tree', 'Speedy Christmas Card Delivery' and 'Reaching for the Stars'. The commencement of the buffet lunch was well anticipated with over 10 selections of sumptuous Christmas dishes.

Finally, the annual luncheon ended with a yearly group photo taking tradition. The guests were already looking forward to the annual luncheon next year!

ACKNOWLEDGEMENTS

DONORS / SPONSORS

ORGANISATIONS

Auditor-General's Office of Singapore
Caritas Singapore
Diva Productions
FOCUS Network Agencies [S] Pte Ltd
Hougang Community Club
Lion Corporation [S] Pte Ltd
Liqui Moly Asia Pacific Pte Limited
Man Fut Tong Welfare Society
National Arts Council
Neo Garden Catering Pte Limited
Nestlé Singapore
Sentosa Development Corporation
Singapore Power Ltd
Singapore Repertory Theatre
Tan Chin Tuan Foundation
Temasek Foundation Cares
The Esplanade Co Ltd
Tote Board Social Service Fund

INDIVIDUALS

Cherrilyn Baculanta
Chua Siew Gek
Dominic Lim Wan Xian
Endre Xie
Francis Lee Ooi Chye
George Lim Teong Jin
Goh Fee Chew
Goh Toh Wee
Grace Sum Lai Yee
Javier Lim
Jeslyn Sng
Karen Singarayar
Lai Kuan Hoe Leslie
Lau Soon Kwai Bernadette
Lay Kim Yoon
Lee Yean Yean
Leong Min Kee
Lim Pei Sian
Lim Seng Kee
Lim Shao Pin
Loh Wai Fong
Lynette Luo
Maria Loh
Maureen Chua
Michelle Tiong
Mohana Rani Suppiah
Monica Chin Shu Shu
Ng Jun Qi
Ng Siew Choo

Oh Cher-In
Poon Kin Mun Kelvin
Premkumar s/o Purushothaman
Reyvette Wee
Shirley Wong
Sim Choon Wah
Soh Chin Guan
Tan Pei Qi Peggy
Tan Perng Yih
Tan Yeow Chye
Tang Boon Kiat Eugene
Tang Lay Lee
Wong Yen Fern Shirley
Yap Jia Hao
Yeo Kien Swee
Yeo Puay Hoon

PARTNERS, COLLABORATORS & SUPPORTERS

Ai Tong School
Anchor Green Primary School
Anglo-Chinese School *[Barker Road]*
Anglo-Chinese School *[Primary]*
Arise Kindergarten
Bedok Green Primary School
Bedok Police Division
Bethel Preschool
Bishan Public Library
Bowen Secondary School
Bukit Merah Public Library
Caritas Singapore
Changkat Changi Secondary School
Canossa Convent Primary School
Changkat Primary School
Chen Su Lan Methodist Children's Home
CHIJ St. Nicholas Girls' School *[Primary]*
CHIJ St. Nicholas Girls' School *[Secondary]*
CHIJ St. Theresa's Convent
Chung Cheng High School *[Main]*
Chung Cheng High School *[Yishun]*
Church of Our Lady Star of the Sea
Community Development Councils
[Central/North East/South East]
Coral Secondary School
Counselling and Care Centre
CrimsonLogic Pte Ltd
Damai Primary School
EMAS Offshore Limited
Employment and Employability Institute
Endeavour Primary School
Fengshan Community Centre
First Toa Payoh Primary School

Frontier Primary School
Geylang Public Library
Greendale Primary School
Guangyang Secondary School
Hai Sing Catholic School
Holy Innocents' High School
Holy Innocents' Primary School
Junyuan Primary School
Man Fut Tong Welfare Society
Marine Parade Public Library
Methodist Girls' School *(Primary)*
Methodist Girls' School *(Secondary)*
MINDEF Singapore
Ministry of Education
Ministry of Social and Family Development
Montfort Care
Nanyang Primary School
Nanyang Technological University's Hall 2 Hearts
Volunteer Team
National Arts Council
National Council of Social Service
North Spring Primary School
Paya Lebar Methodist Girls' School *(Primary)*
Paya Lebar Methodist Girls' School *(Secondary)*
PCF Sparkle Tots
Pei Cai Secondary School
Pei Hwa Secondary School
PPIS Family Service Centre
(East/As-Salaam Family Support Centre)
Raffles Girls Primary School
Rivervale Primary School
Seng Kang Secondary School
Sengkang Methodist Church
Sentosa Development Corporation
Siglap Secondary School
Singapore Management University's Project Chong
Chong Volunteers

Singapore Polytechnic Applied Drama Year One
Singapore Polytechnic's Jumping Hurdles Applied Drama
Workshop Team
Singapore Repertory Theatre
Junior Achievement Singapore Ltd Volunteers
Serangoon Junior College
Catholic Junior College
Pre-University Seminar 2016 Team 8 Volunteers
Singapore Totalisator Board
Social Service Institute
Social Service Offices
*(Ang Mo Kio/Bedok/Geylang Serai/Hougang/Pasir
Ris/Punggol/Sengkang/Serangoon/Tampines/Toa
Payoh/Yishun)*
Society for the Aged Sick
Society of St. Vincent de Paul
South View Primary School
Springfield Secondary School
St. Andrew's Secondary School
St. Anthony's Canossian Primary School
St. Anthony's Canossian Secondary School
St. Gabriel's Primary School
St. Anthony's Primary School
St. Hilda's Primary School
St. Joseph's Institution Junior
St. Margaret's Secondary School
Tampines Primary School
Tampines Secondary School
Tan Chin Tuan Foundation
Teck Ghee Primary School
Telok Kurau Primary School
The Dyslexia Association of Singapore
Trans FSC
Yu Neng Primary School
Yuying Secondary School



10 years of running our
NOVA Programme

New Counselling Service
Play Therapy

New signature programme
CareNights @ Morning Star

66.3% increase in
total number of training hours
32.6% increase in
total number of workshop participants

School-based counselling
cases more than doubled to
910 hours
[from 446 hours]

31% increase in
counselling hours totalling
1,467 hours
[from 1,120 hours]

\$12,459 collected from the
Standard Chartered Marathon 2016
for CareNights

39.8% increase in
number of applicants
for **Student Care**
Financial Assistance (SCFA)

12 enrichment programmes
with a total of **351** hours spent &
15 field trips for our After-School Care,
NOVA and CareNights children

New **NOVA Learning Intervention Lab**
@ St Joseph's Institution Junior



Registered Address

Morning Star Community Services
4 Lorong Low Koon
Singapore 536450

Contact 62851377

Email msscsmorningstar.org.sg

Website www.morningstar.org.sg

Facebook www.facebook.com/morningstarsg